

ONE WAY

HOW TO MAKE A SIMPLE WHISK BROOM FOR CLEANING, LOVING, SHARING, GIVING

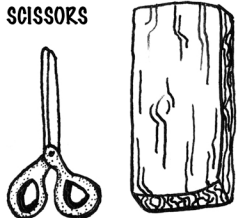
GATHER:



DRIED GRASS



STRONG TWINE



SCISSORS

2x4 (AT LEAST 12" LONG)



POCKET KNIFE

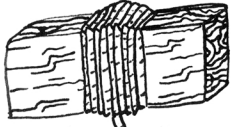


JERK STRING

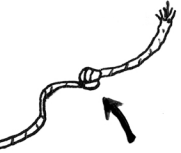


LIGHTER

(AND A PLACE TO SIT)



WRAP A FEW YARDS OF TWINE AROUND YOUR 2x4



TIE A DOUBLE KNOT A FEW INCHES FROM THE OTHER END



POSITION YOURSELF IN A CHAIR WITH GRASS ON YOUR LAP & FEET ON THE BOARD, THE TWINE STRAND BETWEEN. THE BOARD WILL TWIRL UNDER YOUR FEET FROM THE TENSION (NOISY!) TO UNFURL THE TWINE YOU NEED LIKE A SPOOL.



BODIES

TRY YOUR BEST TO KEEP YOUR BACK & NECK STRAIGHT WHILE MAKING & BE KIND TO YOURSELF IF YOU SLIP UP/SLOUCH. JUST CORRECT & KEEP GOING!

IF YOU HAVE DEXTERITY LIMITATIONS, TRY A SINGLE KNOT (OR NONE) AT THE END OF YOUR TWINE - OR ASK A FRIEND TO HELP!

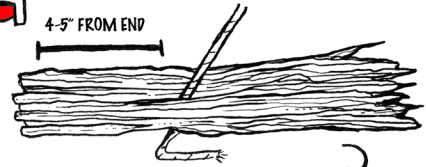
IT IS POSSIBLE TO CREATE A POINT OF TENSION FROM THE CEILING INSTEAD OF THE FLOOR FOR THOSE WITH LEG/BACK CONCERNS.

ONCE YOU START BINDING IT'S HARD TO STOP SO MAKE SURE YOU ARE HYDRATED & HAVE ALL TOOLS AT HAND.



NESTING YOUR KNOT

4-5" FROM END

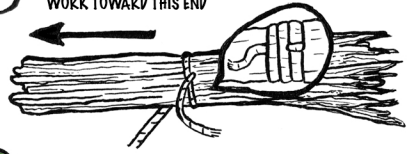


NESTLE THE KNOT A FEW INCHES DOWN FROM THE END OF THE GRASS (WHAT WILL BE THE HANDLE SIDE). HIDE THE KNOT WELL IN THE PLANT BUNDLE.



LOCKING YOUR KNOT

WORK TOWARD THIS END



START WINDING THE TWINE AROUND THE GRASS TIGHTLY. YOU CAN ROTATE TOWARD OR AWAY FROM YOURSELF - WHATEVER FEELS GOOD. FIRST WRAP UNDER THE KNOT TAIL, THEN OVER, LOCKING THE KNOT. KEEP BINDING OVER THE TAIL, OR TRIM IT OFF.



BINDING

KEEP THE BIND TIGHT!

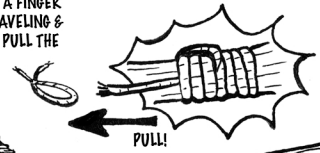


KEEP TENSION & BIND TIGHT. I LIKE A PATTERN OF "TURN TURN TWO". MAKE SURE YOU HAVE ENOUGH TWINE TO WORK AT CHEST LEVEL.



TYING OFF

WRAP THE JERK STRING (TAILS DOWN) 3 TIMES. CUT. KEEP A FINGER ON THE BIND TO AVOID UNRAVELING & THREAD THE END THROUGH. PULL THE JERK STRING OUT!



PULL!



TRIM/CAUTERIZE ENDS



SHAPE YOUR WHISK WHICHEVER WAY YOU'D LIKE!

READY FOR MORE?

KEEP TRYING! YOU WILL GET BETTER!

TRY ADDING A LOOP TO HANG/DISPLAY YOUR WHISK, OR BINDING IN DRIED FLOWERS OR HERBS.

KEEP YOUR WHISK CLEAN WITH AN OCCASIONAL VINEGAR SPRAY

BROOMCORN IS OFTEN USED, BUT MANY OTHER LONG HEARTY PLANTS CAN BE AS WELL. A TRADITIONAL BESOM BROOM IS MADE WITH BIRCH & SIMILAR TO WHAT YOU'VE LEARNED HERE.